

Poverty, Nutrition, and Refugees

Globous Relief.....801-977-0444

Gathers corporate surplus, then processes and distributes medical and other humanitarian supplies to charitable organizations serving the needy at home and abroad.

Location: 1775 West 1500 South, SLC

Projects and Requirements: Sort medical supplies, work in warehouse, help with donation drives, and make kits. Minors must be accompanied by adult. Warehouse is not handicapped accessible.

Group Size: 5-50 **Scout Projects:** Yes

International Rescue Committee (IRC)801-328-1091

Assists newly arrived refugees through the resettlement process and provides services to refugees in the community as funding permits.

Location: 1800 S. West Temple, Suite 421, SLC

Projects and Requirements: Help organize storage units, deliver furniture to clients, and participate in youth refugee events. **Minimum age:** 10

Group Size: Up to 50 with advanced planning

Scout Projects: Yes

The Road Home.....801-819-7298

Provides support and shelter for overcoming homelessness.

Location: 210 S. Rio Grande St. (455 W.), SLC

Projects and Requirements: Go to www.theroadhome.org or e-mail afarmer@theroadhome.org.

Group size: Call for info **Scout Projects:** Yes

Utah Food Bank801-978-2452 (ask for volunteer department)

Provides food for those in need by developing resources and procedures for the effective collection, storage, and distribution of food.

Location: 1025 South 700 West, SLC

Projects and Requirements: Help inspect and sort food, start food drives, or decorate food boxes. Minimum age depends on opportunity. Minors must be accompanied by adult.

Group Size: 60 for food sorting (special arrangements can be made for larger groups). 100+ for food box delivery. Larger groups will be split into smaller groups or teams for deliveries.

Scout Projects: Yes

YWCA.....801-537-8601

Goals are to eliminate racism and empower women.

Location: 322 East 300 South, SLC

Projects and Requirements: Help in the women's shelter and with yard work, painting, and special projects. E-mail cshifflett@ywca.com for current projects.

Group Size: 50 or less **Scout Projects:** Yes

Youth

The Children's Center 801-582-5534

Treatment of emotionally & behaviorally troubled pre-school children and their families.

Location: 1855 E. Medical Dr. (50 N), SLC

Projects and Requirements: Call or e-mail Penney at penney@tccslc.org for details.

Minimum age: 13

Group Size: 20 or less **Scout Projects:** Yes

Division of Juvenile Justice Services 801-284-0251

Provides comprehensive services for at-risk youth within the framework of the Balanced and Restorative Justice Model.

Location: 61 West 3900 South, SLC

Projects and Requirements: Make birthday cards for clients and families, teach a skill or craft, help with Christmas and other holiday activities, and conduct donation drives. Help maintain youth gardens.

Group Size: 15-20 **Scout Projects:** Contact for more info

Division of Youth Services..... 801-269-7500

Provide children, youth, and families in crisis with immediate safety, shelter, and support.

Projects and Requirements: Interact with youth, help with outdoor maintenance, and sort donations. Mentor youth or do fundraising.

Minimum age: 12 for one-time opportunities, otherwise 18 with background check

Group Size: 25 or less **Scout Projects:** Yes

Family Support Center Midvale 801-255-6881 ext 2,

Sugar House 801-487-7778, West Valley 801-967-4259

Prevents and treats child abuse and neglect.

Projects and Requirements: Put together a take-home bag for kids; do yard work, cleaning, and sorting; and play with kids.

Minimum age: 18 with background check

Group Size: 2-30 **Scout Projects:** Yes

Neighborhood House Association 801-363-4589

Provides educational, recreational, and childcare programs.

Location: 1050 West 500 South

Minimum age: 13

Projects and Requirements: Help with activities and assist in classrooms. Can bring in own group project.

Group Size: Call for more info **Scout Projects:** Yes

Note: This is a sample of the group volunteer opportunities available in Salt Lake County. Visit www.211ut.org for more options, or check our volunteer listings in your local newspapers.

Service projects are also open to youth groups and other organizations.

Salt Lake • Summit • Tooele

Group/Scout Community Service Opportunities



Last update: May 2009

If this list is more than a year old, call 2-1-1 for an updated copy. If your cellular or office phone does not recognize the 2-1-1 number, call 1-888-826-9790 or visit our web site at www.211ut.org.

Please note the following:

- Many agencies have specific guidelines and may not accept individuals who do not meet an age requirement or hold violation charges that may pose a threat to the agency and their clients.
- Many agencies require advance scheduling and may turn you away if you do not give sufficient notification.
- Many agencies may require that parent/guardian accompany youth volunteers.
- Many agencies may split or divide groups.
- You can always check with your local churches, government agencies, care/hospice centers, parks and recreation facilities, and schools for more opportunities.

Need Help? Want to Give Help?
Dial 2-1-1



UTAH FOOD BANK
S E R V I C E S

No More Homeless Pets in Utah.....801-364-0370 ext 27
Coalition of rescue groups, shelters and veterinarians working together to end the euthanasia of homeless dogs and cats.
Location: 324 South 400 West, Suite C, SLC
Projects and Requirements: Help with adoption event set up and tear down or supply drives and fund-raisers and also work with animals.
Group Size: Call for more info **Scout Projects:** Yes

South Valley Sanctuary801-255-1095 ext 8
Provides emergency shelter and protective services to victims of domestic violence and their dependents.
Projects and Requirements: Help with special events, donation drives or painting and decorating the sanctuary.
Minimum age: 16 or no minimum age with adults. Adults must have background check.
Group Size: 40 or less. **Scout Projects:** Yes

Utah Aids Foundation801-487-2323
Dedicated to preventing the spread of HIV and ensuring compassionate services to those impacted by AIDS.
Location: 1408 South 1100 East, SLC
Projects and Requirements: Clerical, deliver meals, & help with food pantry. Train to be an HIV prevention counselor.
Minimum age: 16 alone, 14 with adult
Group Size: 20 or less **Scout Projects:** Yes

Education and Literacy

Head Start (SLCAP).....801-977-1122
Provides families with comprehensive preschool experiences.
Projects and Requirements: Help with general maintenance at the 68 Head Start classrooms including, painting, clean up, and building ramps.
Group Size: 6-7, up to 15-20 **Scout Projects:** Yes

Literacy Action Center801-265-9081
Provides free, effective, and confidential literacy training.
Projects and Requirements: Prepare meals for training, help with special events, write stories, and conduct donation drives. Minors must be accompanied by adults.
Group Size: 2-8 **Scout Projects:** Yes

Environment and Recreation

Tree Utah801-364-2122
Improves the quality of life for present and future generations through tree planting.
Location: Various
Projects and Requirements: Planting and watering plants, and maintaining outdoor planting sites.
Minimum age: 16 alone, none with parent/guardian
Group Size: 150 or less (spring thru fall) **Scout Projects:** Yes

Utah G.A.R.D.E.N.S. Inc.,.....801-604-5825
Dedicated to enhancing communities and participants through developing, installing, and maintaining sustainable community gardens and greening projects.
Locations: Various
Projects and Requirements: Help plant and cultivate a community garden and assist with garden projects. Need very large volunteer groups. **Group size:** Any size **Scout Projects:** Yes

Health

Alzheimer's Associations.....801-265-1944
Assists and supports families and professionals coping with Alzheimer's disease or related disorders.
Location: 845 East 4800 South, Suite 120, SLC
Projects and Requirements: Help with event set up, distribute flyers, and some clerical work. Train to answer caregiver questions. Groups needed for events such as Alzheimer's Gala and Alzheimer's Memory Walk.
Group Size: 10 or less **Scout Projects:** No

American Diabetes Association801-363-3024
Prevent and cure diabetes and improve the lives of those with the disease.
Location: 1245 E. Brickyard Rd. (3135 S.), Suite 30, SLC
Projects and Requirements: Help with special events, mailings, and activities such as Step Out: Walk for Diabetes in September or Tour de Cure in June. Call for age requirement.
Group Size: 2 and up **Scout Projects:** Yes

Arthritis Foundation801-536-0990
Educates the public about arthritis and management options.
Location: 448 East 400 South, Suite 103, SLC
Projects and Requirements: Help with Arthritis Walk, golf tournament, and dinner gala. Need exercise instructors and help with office work. **Minimum age:** 14.
Group Size: 20 or less **Scout Projects:** Yes

Cancer Wellness House801-236-2294
Assists people whose lives are affected by cancer, provides free psychosocial resources.
Location: 59 South 1100 East, SLC
Projects and Requirements: Help with office work, fund-raisers, yard projects, and special events.
Group Size: 25 people or less. **Scout Projects:** Yes

LifePath Hospice and Family Care801-293-0444
Help care for patients diagnosed with advanced illnesses and their families.
Location: 5801 South Fashion Blvd, Suite 200, SLC
Projects and Requirements: Yard work
Group Size: 10 or less **Scout Projects:** Yes

March of Dimes801-746-5540
A prenatal incentive program for low-income pregnant women.
Location: 4745 S 3200 W, Taylorsville
Projects and Requirements: Help low-income clients redeem points for incentive items at Taylorsville location or collect donations of infant clothing and care items by organizing a donation drive or planning a community baby shower at your church, school, club, neighborhood, or community organization.

March of Dimes (continued)
Minimum age: 16 for boutique or none for donations or baby showers
Group Size: Call for more information **Scout Projects:** Yes

Ronald McDonald House801-363-4663
Provides a home away from home for families of critically ill children.
Location: 935 E. South Temple, SLC
Projects and Requirements: Prepare meals for up to 40 people. Must provide food. Kitchen and cookware provided. Minimum age: 16 or none with adult. Call for current projects.
Group Size: 12 or less **Scout Projects:** Yes

*Senior Citizens

Services For Seniors, A program of the Utah Food Bank801-978-2452 (ask for volunteer department)
Enhances the independence and dignity of older persons and people with disabilities by assisting with unmet, basic needs.
Location: 1025 S. 700 W., SLC (volunteer sites vary)
Projects and Requirements: Deliver food boxes to home-bound seniors and people with a disability, or help with yard work, gardening, raking and snow removal. Large groups will be divided into smaller groups or teams.
Group Size: 100 **Scout Projects:** Yes

Multi-Ethnic Senior Citizen High-rise.....801-328-2090
Location: 120 South 200 West, SLC
Projects and Requirements: Visiting residents. Plan activities like birthday parties and bingo. Help with exercise and art classes. Minimum age: 15
Group Size: 15 or less **Scout Projects:** Yes

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Catholic Community Services801-977-9119
Responds to human needs through emergency assistance and cooperation with community groups that encourage self-sufficiency.
Location: 250 East 300 South, Suite 380, SLC
Projects and Requirements: Donation sorting, yard work, cleaning, serving lunch, mentoring refugees, and holiday projects. Minors must be accompanied by adults. Youth groups must be accompanied by three adults.
Group Size: 20 or less **Scouts Projects:** Yes

Eagle Ranch Ministries801-254-4945 ext. 2
Meets the basic needs of people by providing food boxes, furniture, emergency shelter, and counseling.
Projects and Requirements: Assist at the distribution center or feeding the hungry. Call for current volunteer opportunities. Minors must be accompanied by an adult. Call for times and locations.
Group Size: 12 or less **Scout Projects:** Yes