

SALT LAKE

American Cancer Society

Dedicated to eliminating cancer as a major health problem.

Phone: 801-483-1500

Location: 941 E 3300 S, SLC

Projects: Special events set-up, transportation, clerical

Requirements: Must speak some English; no theft, violent, or sexual offenses.

American Diabetes Association ♦

Dedicated to preventing and curing diabetes and improving the lives of all people affected by diabetes.

Phone: 801-363-3024 **Hours:** M-F, 8:30-5

Location: 182 S. 600 E, Suite 100 SLC 84102

Projects: Clerical and help with special events

Requirements: Minimum age 16 alone, 12 – 16 with adult chaperone; no theft, violent or sexual offenses. Must speak some English.

American Lung Association in Utah

To save lives by improving lung health and preventing lung disease.

Phone: 801-484-4456

Hours: 8:30 a.m. – 4:30 p.m.

Location: 1930 S. 1100 E.

Projects: Event help, collating, printing materials, calling schools and businesses, weather permitting yard work.

Requirements: Minimum age 16, must speak English, no theft, violent or sexual offenses.

Ballet West

Bringing new levels of excellence to ballet through innovative choreography, and presenting balanced programs that represent a wide range of ballet styles and viewpoints.

Phone: 801-323-6917

Hours: Regular office hours, evenings and weekends available

Location: 50 W 200 S, SLC

Projects: Clerical work, ushering

Requirements: Minimum age 16, must speak some English, must arrive on time; no violent or sexual offenses.

Boys & Girls Club of Greater Salt Lake

Inspiring and enabling all young people, especially those from disadvantaged circumstances, to realize their full potential as productive, responsible, and caring citizens.

Phone: Capitol West Club 801-531-7652, Lied Club 801-364-9118, or Tooele Club 435-843-5719

Hours: Varies by club

Projects: Cleaning, maintenance, landscaping, special events

Requirements: Only accepts youth offenders age 12 – 18. Must speak English; no violent, sexual or severe drug offenses.

Catholic Community Services

Phone: 801-363-7710 ext. 1401

Hours: M – F, 7 a.m. – 5 p.m., Sat. 6 a.m. – 2p.m.

Location: 437 W. 200 S., SLC

Projects: Cleaning, maintenance, landscaping, meal preparation & service, and some clerical.

Requirements: Minimum age 16; no theft, violent or sexual offenses. Some English is helpful.

Crossroads Thrift Store ♦

Providing clothing and essential household items at little or no cost to everyone.

Phone: 801-359-8837 **Hours:** T – F 10 a.m. – 6:30 p.m. Sat 10 - 5

Location: 1385 W Indiana Ave, SLC

Projects: Sorting donations, light cleaning

Requirements: Minimum age 14, will take Spanish speakers; must volunteer for minimum of 2 hours. No sexual offenses.

Friends In Need Animal Rescue and Sanctuary ♦

Phone: 801-891-2622 **Hours:** M – F, 9 a.m. – 7 p.m.

Location: 5194 N. Lake Mountain Rd., Eagle Mountain

Projects: Building repairs, feeding, training, cleanup

Requirements: Minimum age 12, minor offenses preferred, will accept greater offenses with full disclosure.

Friends of Multiple Sclerosis Society ♦

Dedicated to fighting the devastating effects of multiple sclerosis.

Phone: 801-463-2475

Hours: M-F, 8 a.m. – 8 p.m., Sat. 9-5

Location: 396 W Ironwood Dr., SLC

Projects: Warehouse projects, custodial, phone calling

Requirements: Minimum age 16, 14 – 16 with adult chaperone; will take Spanish speakers, some offense restrictions apply.

Guadalupe Schools

Dedicated to providing low-income children and non-English speaking adults with the education and skills they need.

Phone: 801-531-6100 ext. 1107

Hours: M-F, 9-5

Location: 340 S Goshen St, SLC

Projects: tutoring (children or adults), building maintenance

Requirements: Minimum age 18; no violent or sexual offenses. Must be able to speak English clearly.

Heart Change Ministries

Phone: 801-561-1753

Hours: M-Th, 9 a.m. – 4 p.m. and 6 p.m. – 8 p.m.

Location: 7604 Redwood Road

Projects: Clerical, letter writing, thank you cards etc. Special events, clothing room attendant and special projects.

Humane Society of Utah

Eliminating of fear, pain, and suffering in all animals.

Phone: 801-261-2919 X207

Hours: M-S, 8:00a.m.-5:00p.m.

Location: 4242 S. 300 W., Murray

Projects: Cleaning, animal care, special projects

Requirements: Must schedule to attend an orientation meeting. Must bring court documents. Minimum age 18. No violent, sexual, or drug offenses. No offenses against animals.

Juvenile Diabetes Research Foundation

Raising money to fund research to cure diabetes.

Phone: 801-530-0660 **Hours:** M-F, 9-5

Location: 350 S 400 E, SLC

Projects: Clerical

Requirements: Minimum age 14, must speak English; no sexual or theft offenses.

Court-Ordered Community Service Opportunities

Kostopoulos Dream Foundation

To improve the quality of life of individuals with disabilities through recreation and education experiences

Phone: 801-582-0700 ext. 106

Hours: Vary

Location: 2500 Emigration Canyon Road, SLC

Projects: Summer Camp as well as year round recreation and leisure based education programs for individuals with disabilities. Grounds and Equestrian Center maintenance.

Requirements: Minimum age 14, no sexual or violent offenses, no offenses to children or animals, some English necessary.

Literacy Action Center ♦

Provide effective and confidential literacy training for adults.

Phone: 801-265-9081 **Hours:** Vary

Location: 3595 S Main St, SLC

Projects: Clerical, phone calling, typing, tutoring

Requirements: Minimum age 21, must speak English

National Alliance on Mental Illness (NAMI)

Improving the quality of life of those affected by mental illness.

Phone: 801-323-9900 **Hours:** M-F, 9-5.

Location: 450 S 900 E, Ste 160, SLC

Projects: Office work, mailings, assembling binders, labeling brochures, seasonal projects. Call first to see if any volunteer work available

Requirements: Minimum age 16, must speak English; no violent offenders

Neighborhood House

Providing quality day care for children and frail or disabled adults.

Phone: 801-363-4589

Hours: M-F, 6:30a.m.-5:30p.m.

Location: 1050 W 500 S, SLC

Projects: Maintenance, yard work, housekeeping, special projects

Requirements: Minimum age 16 or 13 with adult chaperone; will take Spanish speakers; no offenses against children or violent offenses

Parks and Recreation

Phone: 801-537-3445

Hours: Varies, weekends available

Location: Various locations

Projects: Office work, clerical, light custodial work, cleaning parks and trails, landscaping, limited take-home work

Requirements: Minimum age 12 with parent or guardian signature, must speak English; no sexual offenders

Rape Recovery Center

Crisis intervention for survivors of rape and sexual assault.

Phone: 801-467-7282

Hours: M-Th, 9-5

Location: 2035 S 1300 E, SLC

Projects: Varies

Requirements: Minimum age 18, no sexual or violent offenders

Red Butte Garden

Cultivates the human connection to the beauty of living landscapes.

Phone: 801-585-5688

Location: 300 Wakara Way, SLC

Projects: Assist our Horticulture staff with general garden care. Visit www.redbuttegarden.org or call for more information.

Requirements: Minimum age 15, minimum hours is 20, no violent offenses

Repertory Dance Theater ♦

Dedicated to creation, performance, perpetuation and appreciation of modern dance.

Phone: 801-534-1000 **Hours:** M-F, 9-5

Location: 138 W Broadway (300 S), SLC

Projects: Determined after interview, very limited opportunities

Requirements: Minimum age 16, must speak English

Ronald McDonald House Charities® of the Intermountain Area, Inc.

Provide a home away from home for the families of ill children.

Phone: 801-363-4663

Hours: 3 hr. shifts - 9 a.m.-9 p.m., 7 days per week

Location: 935 E South Temple, SLC

Projects: Help with cleaning and yard work

Requirements: Minimum age 18, will take Spanish speakers, only traffic violations

Salt Lake Art Center

Phone: 801-328-4201 **Hours:** Tues – Sat 11 a.m.-6 p.m., Fri 11 a.m.-9 p.m.

Location: 20 S. West Temple

Projects: Gallery prep, cleaning, painting and other tasks based on ability.

Requirements: Minimum age 16, 13 with guardian; no sexual or violent offenses; must speak English. Apply in advance by calling Volunteer Coordinator or emailing maggiew@slartcenter.org.

Salt Lake Community Action Program

Dedicated to alleviating the paradox of poverty in our affluent society.

Phone: 801-359-2444 **Hours:** M-F, 8:30 a.m.-5 p.m. Murray location: Tue.-Sat., 10:30 a.m.-7:00 p.m.

Locations: Midvale, Murray, Salt Lake, Redwood, Northwest

Projects: Putting together food orders, stocking food on shelves

Requirements: Minimum age 18, will take Spanish speakers; no sexual offenses

Salvation Army

Preaching the gospel of Jesus Christ and meeting human needs in His name without discrimination.

Phone: 801-988-4204 ext 237

Hours: Mon.-Sat., 12 -9

Location: 3944 W 3500 S, West Valley City

Projects: Stocking in the store

Requirements: Minimum age 14, will take Spanish speakers, must attend orientation (Mondays at 9 a.m.); no sexual or violent offenders

Sheltie Rescue of Utah

Phone: 801-942-4762, 801-231-3031. Email: SheltieRescue@Xmission.com

Hours: Mon. - Fri. 11 a.m.-5 p.m. or later (end time is variable). Some weekends.

Location: 1930 Viscounti Drive, Sandy, UT 84093

Projects: Cleaning dog crates, yard, and other areas that need cleaning, doing laundry, bathing dogs, performing clerical work, entering data, weeding area outside, attending special events such as a booth at a dog show, feeding and grooming dogs, and general help with the care and upkeep of the dogs.

Requirements: Will accept 16 years and older. Full disclosure of offenses is required. Spanish speaking with some English is acceptable.

Special Olympics

Providing sports training and competition in a variety of Olympic-type sports for children and adults with intellectual disabilities.

Phone: 801-363-1111 ext. 230 **Hours:** M-F, 9-5

Location: 243 E 400 S, Ste 111, SLC

Projects: Assist with special events, competitions and clerical work

Requirements: Minimum age 14, no assault or sexual offenses

Sugar House Care and Rehab ♦

Rehabilitating and caring for people with severe brain injuries and mental illness.

Phone: 801-486-5121 **Hours:** Vary

Location: 950 E 3300 S, SLC

Projects: Vary

Requirements: Minimum age 18, will take Spanish speakers

Court-Ordered Community Service Opportunities

Tracy Aviary

Fosters caring for the natural world, enriching and transforming lives through our connection with birds.

Phone: 801-596-8500 ext. 109 **Hours:** Varies, weekends available

Location: 589 E 1300 S, SLC

Projects: Variety of grounds and maintenance work

Requirements: Must have parent or guardian signature if under 18, no violent or sexual offenders; apply in advance on-site or on-line at

<http://www.tracyaviary.org/volunteers.php>

Tree Utah

Improving the quality of life for present and future generations through tree planting.

Phone: 801-364-2122

Hours: Vary, available Sat.

Location: 300 W 740 S, Ste 301, SLC

Projects: Help with planting and watering trees, maintaining outdoor planting sites

Requirements: Minimum age 16 alone or none with parent/guardian, will take Spanish speakers, no sexual offenses

Utah Co-Op

To help the general public eat better for less money.

Phone: 801-556-2223

Hours: Thurs 10:30 a.m. – 2 p.m., Fri and Sat 10:30 a.m. – 6 p.m.

Location: 4892 S. Commerce Dr. Suite B

Projects: stock shelves, clean up

Requirements: If offense is theft, sexual or violent you must notify first for permission. Must work first two hours of the day, flexible after that.

Utah Food Bank

Meeting the immediate basic needs of people in the community who don't know where else to turn.

Phone: 801-978-2452

Hours: Vary, weekends and evenings available

Location: 3150 S 900 W, SLC

Projects: Various warehouse projects

Requirements: Minimum age 16, must be supervised by an adult, must attend orientation (Mon 4 pm or Thurs 6pm); no violent or sexual offenders

Utah Foster Care Foundation

We serve Utah's Children by finding, educating and nurturing families to meet the needs of children in foster care.

Phone: 801-994-5205 **Hours:** M-F, 8-5

Location: 5296 S. Commerce Dr. Suite 400

Projects: Varied

Requirements: Minimum age 18, will take Spanish speakers; no offenses against children, other offenses evaluated on a case by case basis.

Utah G.A.R.D.E.N.S. Inc.

Phone: 801-401-8872 **Hours:** Vary

Location: 3666 S. State Street (work sites vary)

Projects: Teens - Work on various gardens growing food for the needy with other teens. Adults – Work on garden approximately 3100 S. and 1100 W. May be working alone outdoors.

Requirements: No violent or sexual crimes, no crimes against children, no crimes providing alcohol or abusive substances to minors

Utah Health Policy Project (UHPP)

Creating quality, affordable, comprehensive health care coverage for all people in Utah through research, policy development, education, and community organizing activities.

Phone: 801-433-2299 **Hours:** M-F, 9-5

Location: 508 E South Temple, Ste 45, SLC

Projects: Varies

Requirements: Minimum age 18, no theft, assault or sexual offenses, no offenses against children

Wasatch Community Gardens ♦

Help as we weed, plant, and harvest from the gardens.

Phone: 801-359-2658

Hours: Two Saturdays a month

Location: 345 E 400 S, SLC

Projects: Gardening work

Requirement: Minimum age 13, must speak some English

Youth Training Association for Boxers

Phone: 801-359-2583

Location: 246 N 600 W, SLC

Projects: Yard work, painting, minor home repair

Requirements: Minimum age 15

DAVIS

Layton Hills Baptist Church

Love, reach and serve

Phone: 544-2426

Location: 1332 North Hillfield Road, Layton

Projects: Ground maintenance, cleaning, special events

Requirements: No violent or sexual offenses; must speak English

Wildlife Rehabilitation Center

Through wildlife rehabilitation and education we will empower the community to engage in conservation and responsible stewardship of wildlife and habitat.

Phone: 801-814-7888

Location: 1490 Park Blvd, Ogden

Projects: Ground maintenance, janitorial, basic cleanup

Requirements: no violent, sexual or animal cruelty offenders or those requiring "heavy" supervision

SUMMIT

National Ability Center

Committed to the development of lifetime skills for people of all ages and abilities by providing affordable outdoor sports and recreational experiences.

Phone: 435-649-3991 ext 609

Hours: M-F, 8-5

Location: 1000 Ability Way, Park City

Projects: Outdoor activities, ranch facility maintenance, office work

Requirements: Minimum age 16, no sexual or violent offenders

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Boys & Girls Club of Greater Salt Lake

Inspiring and enabling all young people, especially those from disadvantaged circumstances, to realize their full potential as productive, responsible, and caring citizens.

Phone: Sugar House Club 801-484-0841, Capitol West Club 801-531-7652, Lied Club 801-364-9118, or Tooele Club 435-843-5719

Hours: Varies by club

Projects: Cleaning, maintenance, landscaping, special events

Requirements: Must be 18 or younger, must speak English; no violent, sexual or severe drug offenses

Court-Ordered Community Service Opportunities

Note:

♦ This symbol indicates that the agency may accept persons who have committed sexual offenses.

Please visit www.211ut.org for the most current resource list.

Please note the following:

- Many agencies have specific guidelines and may not accept individuals who have committed certain offenses.
- Many agencies require advance scheduling and may turn you away if you do not give sufficient notification.
- Always verify this list with the court or probation officer. If you do not, you may not receive credit for your service.
- You can always check with your local churches, government agencies, care/hospice centers, parks and recreation facilities, and schools for more opportunities.

If you have any questions after reviewing this list, please contact the agency directly or contact: **United Way 2-1-1** by dialing 2-1-1 or 1-888-826-9790

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