

Group Community Service Opportunities

Phone: 2-1-1 Website: www.211ut.org



SALT LAKE

Alzheimer's Association

Assists and supports families and professionals coping with Alzheimer's disease or related disorders.

Phone: 801-265-1944

Location: 845 E 4800 S, Ste 120, SLC

Projects: Event set-up, flyer distribution, some clerical work. Train to answer caregiver questions. Groups needed for events such as Alzheimer's Gala and Alzheimer's Memory Walk
Group Size: 10 or less

American Diabetes Association

Prevent and cure diabetes and improve the lives of those with the disease.

Phone: 801-363-3024

Location: 1245 E Brickyard Rd (3135 S), Ste 30, SLC

Projects: Special events, mailings, activities such as Step Out: Walk for Diabetes (Sept.) or Tour de Cure (June)

Group Size: 2 and up

Arthritis Foundation

Educates the public about arthritis and management options.

Phone: 801-536-0990

Location: 448 E 400 S, Ste 103, SLC

Projects: Help with Arthritis Walk, golf tournament, and dinner gala. Need exercise instructors and clerical support.

Minimum Age: 14

Group Size: 20 or less

Cancer Wellness House

Assists people whose lives are affected by cancer, provides free psychosocial resources.

Phone: 801-236-2294

Location: 59 S 1100 E, SLC

Projects: Office work, fund-raisers, yard projects, special events

Group Size: 25 people or less

Catholic Community Services

Provides basic needs for the most vulnerable in our community.

Phone: 801-977-9119 www.ccsutah.org

Location: 745 E 300 S, SLC

Projects: Serve, clean, prepare and help organize food storage at dining room. Help sort and organize clothes and help clean day shelter. Organize donation drives for hygiene kits, baby layettes, cleaning & paper products & non-perishable food drives. Collect school supplies for refugee children. Set up apartments for refugee families from donations collected.

Group Size: 20 or less

The Children's Center

Treatment of emotionally & behaviorally troubled preschool children and their families.

Phone: 801-582-5534

Location: 1855 E. Medical Dr (50 N), SLC

Projects: Assist child therapists with day treatment groups. E-mail Penney at penney@tccslc.org for details.

Minimum Age: 13

Group Size: 20 or less

Division of Juvenile Justice Services

Provides comprehensive services for at-risk youth within the framework of the Balanced and Restorative Justice Model.

Phone: 801-284-0251

Location: 61 W 3900 S, SLC

Projects: Make birthday cards for clients and families, teach a skill or craft, help with Christmas and other holiday activities, conduct donation drives, maintain youth gardens

Group Size: 15-20

Division of Youth Services

Provide children, youth, and families in crisis with immediate safety, shelter, and support.

Phone: 801-269-7500

Location: 177 W Price Avenue (3610 S) SLC

Projects: Interact with youth, fundraising, maintenance, sort donations

Minimum Age: 12 for one-time opportunities, otherwise 18 with background check

Group Size: 25 or less

Eagle Ranch Ministries

Meets the basic needs of people by providing food boxes, furniture, emergency shelter, and counseling.

Phone: 801-254-4945 ext 2

Location: 500 S 600 W, SLC

Projects: Assist at the distribution center or feeding the hungry. Call for current project times and locations.

Minimum Age: Minors must be with an adult

Group Size: 12 or less

Family Support Center

Prevents and treats child abuse and neglect.

Phone: Midvale 801-255-6881 ext 2, Sugar

House 801-487-7778, West Valley 801-967-4259

Location: varies

Projects: Put together a take-home bag for kids; yard work, cleaning, and sorting; play with kids

Minimum Age: 18, background check required

Group Size: 2-30

Globus Relief

Gathers corporate surplus, then processes and distributes medical and other humanitarian supplies to charitable organizations serving the needy at home and abroad.

Phone: 801-977-0444

Location: 1775 W 1500 S, SLC (Warehouse is not handicapped accessible)

Projects: Sort medical supplies, work in warehouse, help with donation drives, make kits

Minimum Age: Minors must be with an adult

Group Size: 5-50

Head Start (SLCAP)

Provides families with comprehensive preschool experiences.

Phone: 801-977-1122

Location: varies

Projects: General maintenance at the 68 Head Start classrooms including, painting, clean up, and building ramps

Group Size: 6-7, up to 15-20

International Rescue Committee (IRC)

Assists newly arrived refugees through the resettlement process and provides services to refugees in the community as funding permits.

Phone: 801-328-1091

Location: 1800 S West Temple, Ste 421, SLC

Projects: Organize storage units, deliver furniture to clients, participate in youth refugee events

Minimum Age: 10

Group Size: Up to 50 with advanced planning

LifePath Hospice and Family Care

Help care for patients diagnosed with advanced illnesses and their families.

Phone: 801-293-0444

Location: 5801 S Fashion Blvd, Ste 200, SLC

Projects: Yard work

Group Size: 10 or less

Literacy Action Center

Provides free, effective, and confidential literacy training.

Phone: 801-265-9081

Location: 3595 S Main St, SLC

Projects: Prepare meals, special events, write stories, conduct donation drives

Minimum Age: Minors must be with an adult

Group Size: 2-8



March of Dimes- Teddy Bear Den

A prenatal incentive program for low-income pregnant women.

Phone: 801-746-5540

Location: 4745 S 3200 W, Taylorsville

Projects: Help low-income clients redeem points for incentive items at the Teddy Bear Den, collect donations of infant clothing and care items by organizing a donation drive or planning a community baby shower

Minimum Age: 16 for boutique, none for donations or baby showers

Group Size: Call for more information

Multi-Ethnic Senior Citizen High-Rise

A housing community for seniors.

Phone: 801-328-2090

Location: 120 S 200 W, SLC

Projects: Visit seniors, plan activities like birthday parties and bingo, help with exercise and art classes

Minimum Age: 15

Group Size: 15 or less

Neighborhood House Association

Provides educational, recreational, and childcare programs.

Phone: 801-363-4589

Location: 1050 W 500 S, SLC

Projects: Help with activities and assist in classrooms. Can bring in own group project.

Minimum age: 13

Group Size: Call for more info

No More Homeless Pets in Utah

Coalition of rescue groups, shelters and veterinarians working together to end the euthanasia of homeless dogs and cats.

Phone: 801-364-0370 ext 27

Location: 324 S 400 W, Ste C, SLC

Projects: Adoption event set-up, supply drives, fund-raisers, work with animals

Group Size: Call for more info

Red Butte Garden

Cultivates the human connection to the beauty of living landscapes.

Phone: 801-585-5688

Location: 300 Wakara Way, SLC

Projects: Assist out Horticulture staff with large garden projects such as planting, pruning, weeding, etc.

Minimum age: 15

Group Size: up to 100

The Road Home

Provides support and shelter for overcoming homelessness.

Phone: 801-819-7298

Location: 210 S Rio Grande St (455 W), SLC

Projects: Go to www.theroadhome.org or e-mail afarmer@theroadhome.org.

Group size: Call for info

Ronald McDonald House

Provides a home away from home for families of critically ill children.

Phone: 801-363-4663

Location: 935 E South Temple, SLC

Projects: Prepare meals for up to 40 people. Must provide food. Kitchen and cookware provided.

Minimum Age: 16, none with adult

Group Size: 12 or less

Services For Seniors, A program of the Utah Food Bank

Enhances the independence and dignity of older persons and people with disabilities by assisting with unmet, basic needs.

Phone: 801-978-2452 (ask for volunteer dept)

Location: 3150 S 900 W, SLC

Projects: Deliver food boxes, yard work, snow removal

Group Size: 100 (Large groups will be split into smaller teams)

South Valley Sanctuary

Provides emergency shelter and protective services to victims of domestic violence and their dependents.

Phone: 801-255-1095 ext 8

Projects: Help with special events, donation drives, painting, decorating

Minimum age: 16 or none with adult. Adults must have background check.

Group Size: 40 or less.

Tree Utah

Improves the quality of life for present and future generations through tree planting.

Phone: 801-364-2122

Location: Various

Projects: Planting and watering plants, and maintaining outdoor planting sites

Minimum Age: 16 alone, none with parent/guardian

Group Size: 150 or less (spring thru fall)

Utah Aids Foundation

Dedicated to preventing the spread of HIV and ensuring compassionate services to those impacted by AIDS.

Phone: 801-487-2323

Location: 1408 S 1100 E, SLC

Projects: Clerical, meal delivery, food pantry. Train to be an HIV prevention counselor.

Minimum Age: 16 alone, 14 with adult

Group Size: 20 or less

Utah Food Bank

Provides food for those in need by developing resources and procedures for the effective collection, storage, and distribution of food.

Phone: 801-887-1234

Location: 3150 S 900 W, SLC

Projects: Inspect and sort food, start food drives, decorate food boxes

Minimum Age: Depends on opportunity. Minors must be with an adult.

Group Size: 60 for food sorting (special arrangements can be made for larger groups). 100+ for food box delivery. Larger groups will be split into smaller teams for deliveries

Utah G.A.R.D.E.N.S. Inc.

Dedicated to enhancing communities and participants through developing, installing, and maintaining sustainable community gardens and greening projects.

Phone: 801-604-5825

Locations: Various

Projects: Help plant and cultivate a community garden and assist with garden projects

Group size: Any size, need very large groups

YWCA

Goals are to eliminate racism and empower women.

Phone: 801-537-8601

Location: 322 E 300 S, SLC

Projects: Help in the women's shelter and with yard work, painting, donation drives, and holiday projects such as Candy Cane Corner. E-mail cshifflett@ywca.com for current projects.

Group Size: 50 or less



Salt Lake • Davis • Summit • Tooele

Group Community Service Opportunities

Phone: 2-1-1 Website: www.211ut.org



Please note the following:

- Many agencies have specific guidelines and may not accept individuals who do not meet an age requirement or hold violation charges that may pose a threat to the agency and their clients.
- Many agencies require advance scheduling and may turn you away if you do not give sufficient notification.
- You can always check with your local churches, government agencies, care/hospice centers, parks and recreation facilities, and schools for more opportunities.

Last update: February 2010



UTAH FOOD BANK