



UTAH
FOOD
BANK



Salt Lake/Davis/Summit/Tooele Counties

August 22 – August 28 Newspaper Volunteer Listings

Phone: 2-1-1 www.211ut.org

Please contact the program directly for specific details. If you would like to add an agency to this list, please call 2-1-1 or submit online at our website by clicking on Give Help, Volunteer Coordinators Network, Submit Newspaper Ad

Children's Justice Center

Contact: 801-569-4383 (Susanne)

Volunteers needed for the annual Teddy Bear Kids K event Sept. 11 at South Jordan East River Front Park. Opportunities include face painting, game booth help, tattoo table, prize setup, snack distribution, photographers and more. Don't miss this fun chance to help promote fitness and safety for children. For more info visit www.utahmarathonrelay.com.

English Skills Learning Center

Contact: 801-328-5608 (Beth)

Ongoing volunteer opportunity for anyone over 18 who wants to teach English. No second language or teaching skills needed. It only takes 3-5 hours per week to positively impact the lives of adult immigrants and refugees.

Music Make Music

Contact: karen@musicmakesmusic.org

Join us to help inspire teens to use music in positive, creative ways. Volunteers are needed for a benefit concert August 28 at Murray Theater and upcoming school concerts. Duties can include helping with set-up/tear down, security, ticket takers, photo/videographers, fundraisers, etc.

Utah Food Bank

Contact: 801-978-2452 (Claire)

Two volunteer interns are needed to work with our development team on the annual "Utah Human Race". Candidates should be outgoing with great teamwork skills, computer literate and have a valid driver's license, insurance and reliable transportation. Please send resumes and/or a letter of interest to clairf@utahfoodbank.org. Candidates must be available to work flexible hours from the end of August through Thanksgiving Day.

Helpwithmyparents.org

Contact: 801-483-2447 (Carolyn)

Are you, or do you anticipate that you will be caring for an older adult? Volunteers are needed to participate in a focus group with Helpwithmyparents.org to help us provide easier access to caregiver information. All volunteers receive a free box of Hatch Family Chocolates.

The Organization for Fatigue and Fibromyalgia Education Research (OFFER)

Contact: 801-906-0560 (Diane)

Volunteers are needed to assist with the 2010 Conference for Healthcare Providers and Patients on Sept. 11, 2010 titled "Advances in the Science of Treatment of Fibromyalgia and Chronic Fatigue Syndrome". Volunteer duties beginning now include brochure distribution and restocking and exhibitor and silent auction recruitment. Day of conference duties include help with setup, registration and info tables.

Friends in Need Animal Rescue

Contact: 801-753-8PAW (Kim)

Do you love animals and want to be a part of a cause that helps find homes for animals in need? Show your support and volunteer with our 2010 Friends in Need Stampede 5K and Fun Run September 6 in Eagle Mountain. Volunteers are needed to help with setup, give directions on the course, pass out water and cleanup. Spread the word about this fun event – furry friends are welcome on the course.

Salt Lake County Aging – Alternatives Program

Contact: 801-468-3946

Assist elderly who are low income and medically frail in remaining in their home by providing activities such as friendly visiting, errands, transportation and other tasks as needed.

Aspire Home Health and Hospice

Contact: 801-292-0296 (Linda)

Make a difference in the lives of others by becoming an Aspire Hospice volunteer today! Opportunities include; supporting patient/family, listening, running errands, preparing meals, light housekeeping, video memories, quilting, scrapbooking, music, art, painting or other special talents. Flexible schedule – minimum of 2-4 hours per month.

Salt Lake CAP Head Start

Contact: 801-977-1122 ext.454 (Katie)

Volunteer for Head Start's annual fundraiser Bloom, held for the very first time at the historic Salt Lake Country Club on Saturday, August 28, 2010! To make it a success we need volunteers to help us set up, take down and run this event. A variety of shift times are available. This is a fun and popular event, so sign up soon to reserve your spot.

Center for the Arts

Contact: 801-323-6816 (Kerry)

See live performances from all your favorites when you usher at Abravanel Hall, Capitol Theatre and Rose Wagner Center. See Broadway in Utah, Ballet West, Utah Symphony, Opera and more when you volunteer. Apply at www.slccfa.org/ and click Patron Services.

National Kidney Foundation of Utah and Idaho

Contact: 1-800-869-5277 (Sharon)

Medical and general adult volunteers are needed to help with a free screening on Friday, Sept. 17, 2010 from 9:15 a.m. to 3 p.m. Volunteers will help with paperwork, taking vitals, on-site lab procession and packaging. Help save lives with this valuable screening!

These represent a few agencies that have recently asked for help. If these opportunities are not able to work for your schedule, you may check www.211ut.org, give help, search for volunteer opportunities. You can search by keywords or on volunteer lists posted below that area.